"Of all the forms of inequality, injustice in health care is the most shocking and inhumane."

- Dr. Martin Luther King, Jr.

Presentation to the Ferguson Commission
May 11, 2015

St. Louis has come a long way since 2000

The Healthcare Safety Net - 2015

Becoming Alive and Well in STL

Lessons Learned from the St. Louis Regional Health Commission

Key Principles
- Be intentional in building identity and identity services.
- Prevent Family Focus.
- Guide community members politically and economically.
- Advance education in community and economic development.
- Change health behaviors through community engagement, awareness, and education.
"Of all the forms of inequality, injustice in health care is the most shocking and inhumane."

- Dr. Martin Luther King, Jr.

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St. Louis has come a long way since 2000

Age-Adjusted Mortality Rates (per 100,000)

Cancer

Heart Disease

Access has dramatically improved since 2000 in St. Louis

RHC Decode Review of Health Status
St. Louis headlines circa 2000

Robbing the lemonade stand

Who cares for the poor in St. Louis?

Deadly inequalities
This story was published in Editorial on Friday, February 22, 2002.

Health care
The safety net unravels
St. Louis headlines circa 2015

Safety net clinics catch more of uninsured

Reconnecting care
Health services shifted to providers as Medicaid expansion stalls

Mending the safety net

‘Temporary bridge for uninsured’ extended
CMS gives project another year as ACA insurance exchanges open

“Regional Commission Made Up of Diverse Stakeholders Enhances Access to Coverage and Services for Low-Income Residents”
Age-Adjusted Mortality Rates (per 100,000)

RHC Decade Review of Health Status
Cancer

Health Disparities: *Mortality* Comparison for Largest Racial Groups

*Breast Cancer*
- Caucasian Women: 27.4, 24.3
- African-American Women: 34.1, 30.2

*Prostate Cancer*
- Caucasian Men: 23.6, 17.7
- African-American Men: 53.4, 41

*Colorectal Cancer*
- Caucasians: 20.2, 14.9
- African-Americans: 30, 26.3

RHC Decade Review of Health Status
Heart Disease

Age-adjusted Mortality Rates (per 100,000)

Health Disparities: Mortality Comparison for Largest Race/Ethnic Groups

RHC Decade Review of Health Status
Access has dramatically improved since 2000 in St. Louis

RHC Decade Review of Health Status
The Healthcare Safety Net - 2015

St. Louis healthcare safety net serves many in need

The St. Louis Safety Net

Over the past year, Gateway has:
- Provided 10,000 medical visits
- Saw 30,000 people there
- Preserved 50,000 Emergency Department visits
- Gateway serves 45% of this area: In poverty in St. Louis City and County

Then on board...
St. Louis healthcare safety net serves many in need

**Primary care encounters by organization and payor category, 2013**

<table>
<thead>
<tr>
<th>Organization</th>
<th>Total</th>
<th>Private</th>
<th>Medicare</th>
<th>Medicaid</th>
<th>Uninsured</th>
<th>Total</th>
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<tr>
<td>Grace Hill</td>
<td>160,000</td>
<td>6,450</td>
<td>5,099</td>
<td>59,357</td>
<td>75,764</td>
<td>146,670</td>
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<td>BJK Peoples' s</td>
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<td>12,808</td>
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<td>97,593</td>
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<td>Family Care</td>
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<td>26,139</td>
<td>37,148</td>
<td>74,685</td>
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<td>BJH Clinics</td>
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<td>16,754</td>
<td>32,273</td>
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<td>12,470</td>
<td>4,501</td>
<td>521</td>
<td>50,007</td>
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<td>Health Care for Kids</td>
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<td>33,075</td>
<td>2,205</td>
<td>44,100</td>
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<td>STL County Corrections</td>
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<td>0</td>
<td>870</td>
<td>28,587</td>
<td>29,457</td>
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<tr>
<td>SSM Clinics</td>
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<td>4,051</td>
<td>465</td>
<td>21,962</td>
<td>587</td>
<td>27,065</td>
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<tr>
<td>JFK Clinic</td>
<td>160,000</td>
<td>33</td>
<td>2,915</td>
<td>11,100</td>
<td>12,032</td>
<td>26,080</td>
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<tr>
<td>All Others</td>
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<td>0</td>
<td>5,978</td>
<td>4,906</td>
<td>13,799</td>
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<td><strong>Total</strong></td>
<td>762,220</td>
<td>88,990</td>
<td>67,580</td>
<td>305,270</td>
<td>300,360</td>
<td>762,220</td>
</tr>
</tbody>
</table>

RHC 2014 Access to Care Data Book
The St. Louis Safety Net

Affinia (Grace Hill)

St. Louis County

Betty Jean Kerr’s People’s Health Center

Myrtle Hilliard Davis

Family Care Health Centers

Site are located across the region
A bridge for access
Over the past year, Gateway has:

- Provided 70,000 medical visits
- Paid for 230,000 prescriptions
- Prevented 50,000 Emergency Department visits
- Gateway covers 40% of the uninsured in poverty in St. Louis City and County
Responses to Gateway

"Before I had insurance through Gateway, I would not go to the doctor. Now that I do have insurance, I don't have to be afraid to call or go to the doctor."

"I am so thankful that Gateway was implemented. Prior to having Gateway we struggled with finding medication funds for our patients."
"Before I had insurance through Gateway, I would not go to the doctor. Now that I do have insurance, I don't have to be afraid to call or go to the doctor."

"I am so thankful that Gateway was implemented. Prior to having Gateway we struggled with finding medication..."
Becoming Alive and Well in STL

The prevalence of toxic stress and trauma in the region is inhibiting people's ability to be healthy and well.

To continue supporting a healthy population, the RHC is working with regional partners and community members to build a resilient and Trauma-informed Community under the name Alive and Well STL.
Becoming Alive and Well in STL

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HOW DO ACES AFFECT OUR LIVES?

ACES CAN HAVE LASTING EFFECTS ON BEHAVIOR & HEALTH...

Simply put, our childhood experiences have a tremendous, lifelong impact on our health and the quality of our lives. The ACE Study showed dramatic links between adverse childhood experiences and risky behavior, psychological issues, serious illness and the leading causes of death.

The following charts compare how likely a person with 1, 2, 3, or 4 ACES will experience specified behaviors than a person without ACES.

* Having an ACE score of zero does not imply an individual could not have other risk factors for these health behaviors/diseases.
Lessons Learned from the St. Louis Regional Health Commission

Key Principles

• Be intentional in decentralizing decision-making processes

• Focus, Focus, Focus

• Carefully measure and publicly report select metrics

• Have a detailed plan and sequence intentionally - don't try to "get it all done" at once

• Change is hard and takes time, patience, commitment, resources and steadiness
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For more information please visit stlrhc.org or contact Robert Fruend, Jr. at rfruend@stlrhc.org 314-446-6454